



Healthy Start Scheme for families with no recourse to public funds

What is the Healthy Start Scheme?

Healthy Start is a scheme that allows families who have a child under four years old and who are on a low income to buy fruit, vegetables, cow's milk, formula milk (stage one) and pulses. Families can also receive Healthy Start vitamins. Eligible families will receive £8.50 a week if they have a child under one years old and £4.25 a week if they have a child between one and four years old.

Which families with NRPF are now eligible?

In May 2021, after a legal challenge, the government agreed that those who are subject to No Recourse to Public Funds (both those with leave to remain with a NRPF condition and those who do not yet have immigration status) are also entitled if they have **a British child under four** and are on a **low income**.

How do I apply as a parent of a British child who has No Recourse to Public Funds?

Below is the application form you need to complete and send by email to Healthystartclaim@dhsc.gov.uk. You will also need to send evidence of:

- The parent and the child's identity, address and date of birth (e.g. birth certificate, any photo ID)
- The family's financial situation (e.g. proof of Section 17 support if supported by social services, bank statements, payslip if working)
- Proof that the child is British (e.g. passport)

If you are not able to provide all of the evidence, for example, you may still be waiting for your child's British passport, then do try to still apply by email and provide all the information you can, explaining why the documents are missing.

Please also take time to read this guidance ([here](#)) and this privacy notice ([here](#)), which explains how your data is collected and stored by the Department of Health and Social Care under the Healthy Start Scheme.